

C E R T I F I C A T E

This is to certify that

Sip Powers

has passed the following

Advanced First Aid (Expedition)

meets with

Rescue Emergency Care Scheme Guidelines

following attendance at

Leek Camping Barns

This certificate is valid for 3 years from

09-07-2023

Registered REC First Aid Provider

Allan Shaw, ashawexperience

Training Director

Dr R M Phillips



Trainer

Allan Shaw

Assessors

Allan Shaw



Certificate No. 20955-22162



Rescue 3 International hereby certifies that

Sip Power

**Has completed all the requirements for
Water Safety for Expedition Leaders**

Location	Buxton
Date of completion	27/11/2022
Expiry date	27/11/2025
Skill sheet number	101-000022-00160534
Training provider	Plas y Brenin
Instructor	Jon 'Spike' Green
Course standard <small>(includes contact hours and operational remit)</small>	https://www.rescue3europe.com/courses/water-safety-for-expedition-leaders-wsel

Rescue 3 International

A handwritten signature in blue ink, appearing to read "Jennifer Mills".

Rescue 3 Europe

A handwritten signature in blue ink, appearing to read "Jon 'Spike' Green".

Certificate

Pearson BTEC Level 5 Diploma

in TEACHING IN THE LIFELONG LEARNING SECTOR

is awarded to

SIMON IAN POWERS

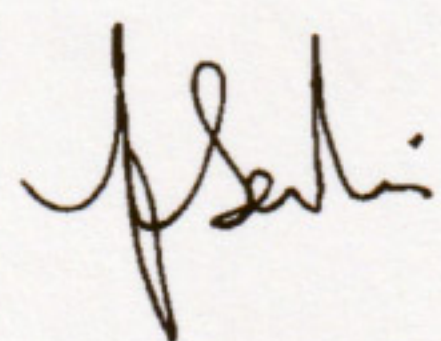
who has completed an approved programme at

DEFLOG VQ TRUST LTD

AWARDED : OCTOBER 2014

THIS DOCUMENT CONSISTS OF MORE THAN ONE PAGE

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Lesley Davies
Responsible Officer
Pearson Education Ltd.



PQS14 04336644 782



Level 7 Certificate in Leadership and Management

601/2510/X

Is awarded to

Simon Powers

Through

Royal Military Academy Sandhurst

Awarded by
The City and Guilds
of London Institute



Awarded 19 February 2016

Chris Jones
Director-General
The City and Guilds of London Institute

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John Yates
Group Director
ILM

Regulated by

Ofqual

For more information see <http://register.ofqual.gov.uk>



IM02



The City and Guilds of London Institute founded 1878 and Incorporated by Royal Charter 1900.
ILM is a City & Guilds Group business.



This is to confirm that

Sip Powers

115841

Has Passed

International Mountain Leader

Completion Date

17/01/2020

Course Provider

Glenmore Lodge

Course Director

Jon Jones

In accordance with the training platform of the Union of International Mountain Leader Associations (UIMLA). Approved by UIMLA.



01690 720272

info@mountain-training.org

www.mountain-training.org



10008468

Tutor Award

National Navigation Award Scheme

This is to certify that

Sip Powers

attended a course at

Nigel Williams

and satisfied the assessment criteria

Nigel Williams

course instructor

26/08/2019

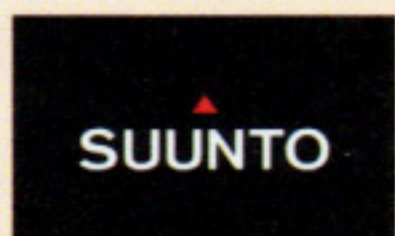
date



tahdah digital claim code: POWE0N1341229469

Recognised by
British Orienteering, the Royal Institute of Navigation, Mountain Training

Sponsored by Suunto Compasses and HARVEY Maps





JOINT SERVICE MOUNTAIN TRAINING CENTRE (JSMTC)



JOINT SERVICE ROCK CLIMBING INSTRUCTOR COURSE (RCI)

No: 24876843 Rank: WO1 Name: POWERS

Unit: HQ POSTAL & COURIER TROOP

Course Content The Joint Service Rock Climbing Instructor is a 5-day course to train and assess personnel in the skills required to conduct multi-pitch rock climbing activities.

Course Aim The aims of the Joint Service Rock Climbing Instructor are to:

- a. Achieve the aim of AT through the challenging activity of rock climbing.
b. Train and assess a candidate's ability to lead 2 climbers on multi-pitch climbs compatible with log book experience.
c. Train and assess personnel in the skills required to conduct a RCP course as Distributed Training.

Result

Pass [X] Deferred [] (See Student Action Plan)

Caveats and / or Qualification Limitations

- a. Lead up to 2 persons on multi pitch climbs, at a grade compatible with their logbook experience, in summer conditions.
b. Supervise and instruct rock-climbing activities, including continuation training for RCL and RCI candidates.

A more detailed explanation is available in JSP 419.

Recommendations

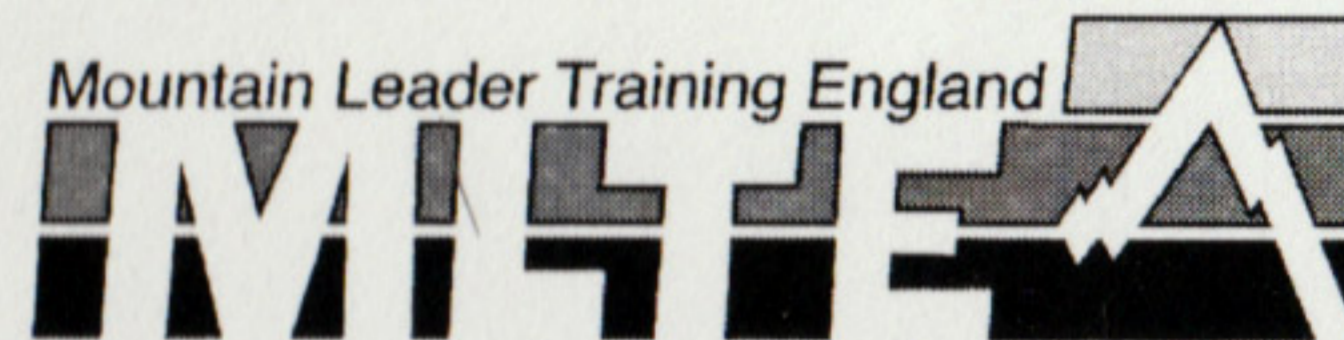
S Higgins

Name: S HIGGINS Rank: Capt (MAA) OC Ripon Wing for Commanding Officer

Course Dates: 11-21 Nov 08 Course CATAQ Code: 6920 Instructor(s): Mr P Rafferty

"It is your responsibility to ensure this course result is recorded on JPA".

It is the responsibility of the award holder to ensure they remain current, competent and maintain an in-date Log Book. See JSP419.



177-179 Burton Road, Manchester M20 2BB Tel: 0870 010 4878 Fax: 0161 445 4500

SINGLE PITCH AWARD for climbers leading and supervising groups

Endorsement Page

NAME: Sip Powers

REGISTERED: 01/08/2003

TRAINING:

APPROVED TRAINING COURSE PROVIDER NO. 013 DATE 25 Aug 03

ASSESSMENT:

APPROVED ASSESSMENT COURSE PROVIDER NO. 722 DATE 4/5/05

CANDIDATE REFERENCE NO.

115841



**JOINT SERVICE MOUNTAIN TRAINING CENTRE
(JSMTC)
MOUNTAIN EXPEDITION LEADER SUMMER
(MLS)**



No: 24876843 Rank: WO2 Name: POWERS

Course No: Unit: ARMY RECRUITING TEAM

Course Content. The Joint Service Mountain Expedition Leader (Summer) is a 5-day course to assess the skills of Service personnel to lead a group in summer mountaineering. Once qualified the MLS is to register and seek approval from the Lead Centre to conduct SMP courses as Distributed Training (DT). MLS courses conducted by JSMTC are accredited by the Regional Mountain Leader Training Boards (MLTBs).

Course Aim. The aims of the Joint Service Mountain Expedition Leader (Summer) course are to:

- a. Achieve the aim of AT through the medium of summer mountaineering.
- b. To assess the candidates ability to lead a group over mountainous terrain below the snow line, in summer conditions.
- c. Train and assess personnel in the skills required to conduct a SMP course as Distributed Training.

Result

Pass Deferred (see student action plan) Fail

Caveats and/or Qualification Limitations

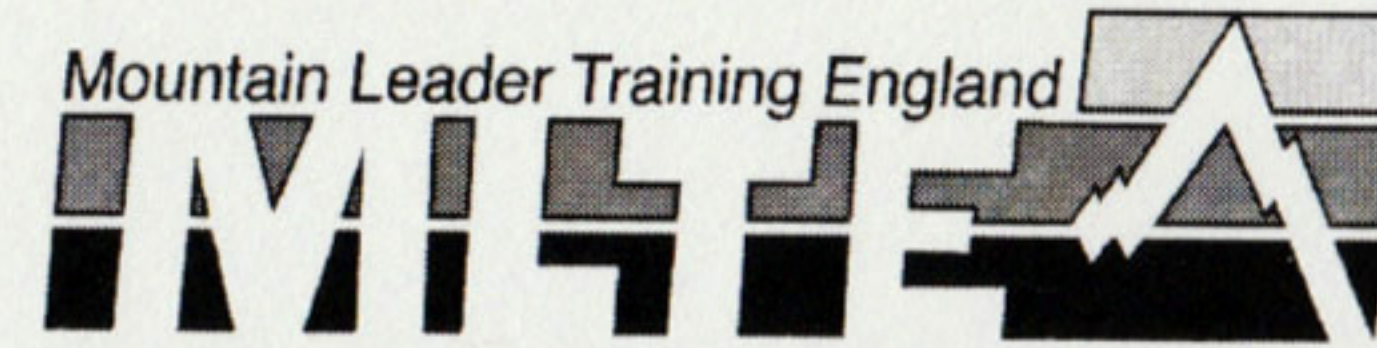
MLS award holders may operate at a ratio of 1:8 when students are SMP qualified or 1:6 with novices. Award holders may lead expeditions world-wide, in summer conditions, below the snowline.

Recommendations

Course dates: 11th June 2007
Course CATAQ code: 1885
Instructor(s): Mr D Rees

K Hodgson
Lt Col
Comdt

It is the responsibility of the award holder to ensure they remain 'in-date' and current, a more detailed explanation is available in JSP 419.



177-179 Burton Road, Manchester M20 2BB
Tel: 0870 010 4878 Fax: 0161 445 4500

MOUNTAIN LEADER AWARD

Endorsement Page

NAME: Sip Powers

REGISTERED: 01/08/2003

TRAINING:

APPROVED TRAINING COURSE
PROVIDER NO. DATE
1051 150406

ASSESSMENT:

APPROVED ASSESSMENT COURSE
PROVIDER NO. DATE
007 16/3/07

CANDIDATE REFERENCE NO.

115841

Travel Insurance

Insurance Product Information Document



Company: Antares Managing Agency Limited is the managing agent for Antares Syndicate 1274 at Lloyd's. Antares Managing Agency Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority (Registration Number 006646629). Registered address is 21 Lime Street, London EC3M 7HB.

Coverholder: This insurance is arranged and administered on behalf of The BMC by travel insurance specialist, P J Hayman & Company Limited who are authorised and regulated by the Financial Conduct Authority. Financial Services (FS) Register Number: 497103. Registered Office: Stansted House, Rowlands Castle, Hampshire PO9 6DX. Registered in England - No. 2534965.

Product: BMC Travel Cover - Single Trip & Annual Multi-trip Travel Insurance Policy

This document provides only a summary of the insurance cover. The full terms and conditions are shown in the Evidence of Cover.

What is this type of insurance?

This is a travel insurance policy either on a Single Trip or Annual Multi-trip basis as shown in your Schedule.

The limits of cover and excesses are provided in the 'Significant Features & Benefits' in the Evidence of Cover that can be accessed from the BMC website www.thebmc.co.uk/modules/insurance/WhatsCovered.aspx



What is insured?

- ✓ **Cancelling/cutting short your trip** - loss of pre-paid travel and accommodation expenses.
- ✓ **Emergency medical expenses** - hospital fees, repatriation, search & rescue costs, funeral and dental costs incurred if taken ill or injured on your trip.
- ✓ **Hospital inconvenience benefit** - benefit paid if admitted to hospital as an in-patient during your trip abroad.
- ✓ **Personal accident** - you suffer death or injury following an accident.
- ✓ **Baggage** - cover for items lost, stolen or damaged on your trip.
- ✓ **Passport** - costs to obtain temporary documents on your trip.
- ✓ **Baggage or sports equipment delay** - costs to replace essential items temporarily lost by the transport provider on your outward journey.
- ✓ **Personal money & travel documents** - cover for loss or theft.
- ✓ **Personal liability** - you are held legally liable for injury or damage.
- ✓ **Journey disruption including airspace closure**
- ✓ **Delayed departure or trip cancellation** - a benefit after a major delay to outbound or return transport at the departure point or the costs to abandon your trip on the outbound journey only.
- ✓ **Missed departure or missed connection** - extra transport or accommodation costs to continue your journey or if you miss your outbound or return transport.
- ✓ **Hijack or kidnap** - a benefit in the event of you being hijacked or kidnapped during your trip.
- ✓ **Mugging** - you are hospitalised due to being mugged.
- ✓ **Catastrophe** - your trip is disrupted by a catastrophic event.
- ✓ **Legal expenses** - legal advice, costs and representation.
- ✓ **Loss of sports activity pack** - proportional costs refunded if you are injured or sick during your trip.
- ✓ **Pet care fees** - additional costs incurred if you are delayed in returning to your home from abroad, due to injury or illness.

Extensions:

- **British Forces Posted Overseas & Embassy Personnel** - only applies if you have arranged cover and this is shown on your Schedule.
- **Winter Sports** - only applies if your Schedule shows that you have bought optional activity cover 'Alpine & Ski' or 'High Altitude & Remote Areas'.



What is not insured?

- ✗ Any trip to a destination which is an area where the Foreign, Commonwealth & Development Office (FCDO) has advised against 'all travel' or 'all but essential travel' or that part of any trip which involves travel within an area where the FCDO has advised against 'all travel' or 'all but essential travel' (all cover under this insurance will cease immediately if you enter such an area, will recommence immediately you leave such an area).
- ✗ **Journey disruption including airspace closure**
Claims in any way caused by or resulting from:
 - a) Coronavirus disease (COVID-19);
 - b) Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2);
 - c) any mutation or variation of SARS-CoV-2;
 - d) any fear or threat of a), b) or c) above.
- ✗ Your participation in any activity, other than an 'acceptable activity' shown in your Evidence of Cover, unless agreed by us and any additional premium has been paid.
- ✗ More than the maximum benefit limits (and sub-limits when these apply) shown in each section.
- ✗ The policy excess. You will have to pay the first part of most claims.
- ✗ Claim circumstances you were aware of before your policy was issued or trip booked (whichever is later).
- ✗ Drinking too much alcohol, any form of alcohol abuse, or alcohol dependency. We will not cover any claims that occur because you have drunk so much alcohol that your judgement is affected.
- ✗ Claims where you cannot provide sufficient supporting evidence. Loss or theft not reported to the Police within 24 hours.
- ✗ Losses recoverable elsewhere.



Are there any restrictions on cover?

- ! All claims arising from existing medical conditions unless declared to and accepted in writing by us.
- ! You will need to comply with any age limits shown in your Evidence of Cover. Certain levels of cover may be restricted according to your age.
- ! You will need to comply with any trip limits shown in your Evidence of Cover.
- ! General exclusions apply to the whole policy. Each section contains additional exclusions, specific to the cover provided.
- ! There are General Conditions that you have to meet for cover to apply.



Where am I covered?

- ✓ Cover will apply within the geographical area you have selected. The area you have chosen will be shown on your Schedule.
Cover will not apply if you travel outside the area that you have chosen.



What are my obligations?

- When purchasing your cover, answer any questions we ask as truthfully and accurately as possible.
- Read your Evidence of Cover carefully to ensure you have the cover you need.
- You should take reasonable care to protect yourself and your property against accident, injury, loss and damage and to minimise any claim.
- Tell us as soon as possible if there are any changes to your circumstances that may affect your cover, or if it is likely you will need to make a claim.
- If you need to make a claim you must provide us with a completed claim form as soon as possible following any bodily injury, illness, incident, event, redundancy or the discovery of any loss or damage which may give rise to a claim under this policy.



When and how do I pay?

You will need to pay your policy premium in full in order for cover to apply. All cover will end if payment is incomplete or rejected, or if the policy is cancelled.

The premium can be paid using one of the payment options given to you at the time of purchase of this insurance.



When does the cover start and end?

Annual Multi-trip travel insurance, covers a period of one year.

Single Trip travel insurance covers the period from the date on which you pay your premium until the return date shown in your Schedule.



How do I cancel the Contract?

You may cancel this insurance within 14 days of receipt of the documents for Single Trip & new Annual Multi-trip insurance, or within 14 days of the renewal date for renewing Annual Multi-trip insurance. Any premium already paid will be refunded providing you have not travelled, made or intend to make a claim and no incident likely to give rise to a claim has occurred.

If you cancel after the cancellation period, no premium refund will be made.